MODERN WARRIORS MARTIAL ARTS

CLASS SCHEDULE

561-792-2022

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| --- | --- | --- | --- | --- | --- | --- |
| **CLASS** | **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** | **SATURDAY** |
| **LIL’ WARRIORS****BEGINNER****TAEKWONDO** | **4:45PM** | **6:00PM** | **4:45PM** | **6:00PM** | **5:00PM** | **9:00AM\*** |
| **JUNIORS** **BEGINNER TAEKWONDO** | **4:45PM** | **6:00PM** | **4:45PM** | **6:00PM** | **5:00PM** | **9:00AM\*** |

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| --- | --- | --- | --- | --- | --- | --- |
| **CLASS** | **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** | **SATURDAY** |
| **LIL’ WARRIORS****ADVANCED****TAEKWONDO** | **5:45PM** | **6:00PM** | **5:45PM** | **6:00PM** | **5:00PM** | **9:00AM\*** |
| **JUNIORS** **ADVANCED TAEKWONDO** | **5:45PM** | **6:00PM** | **5:45PM** | **6:00PM** | **5:00PM** | **9:00AM\*** |

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| **CLASS** | **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** | **SATURDAY** |
| **KRAV MAGA****TRAINING** | **10:00AM****OR****7:00PM** | **5:00PM** | **10:00AM****OR****7:00PM** | **5:00PM** | **10:00AM****OR****6:00PM** | **10:00AM** |
| **KICKFIT****KICKBOXING/****FITNESS** | **4:00PM** | **7:00PM** | **4:00PM** | **7:00PM** | **NO CLASS** | **10:00AM** |

\* = FAMILY CLASS: ALL AGES ARE WELCOME TO PARTICIPATE

LIL’ WARRIORS – AGES 3-6

JUNIORS – AGES 6-12

CHIEF INSTRUCTOR AND OWNER: MR. SHELDON – THIRD DEGREE BLACK BELT

INSTRUCTOR: MRS. SHELDON – THIRD DEGREE BLACK BELT